

Top 5 topics and trends in Digital Health Promotion



Chronic Conditions



Mental Health



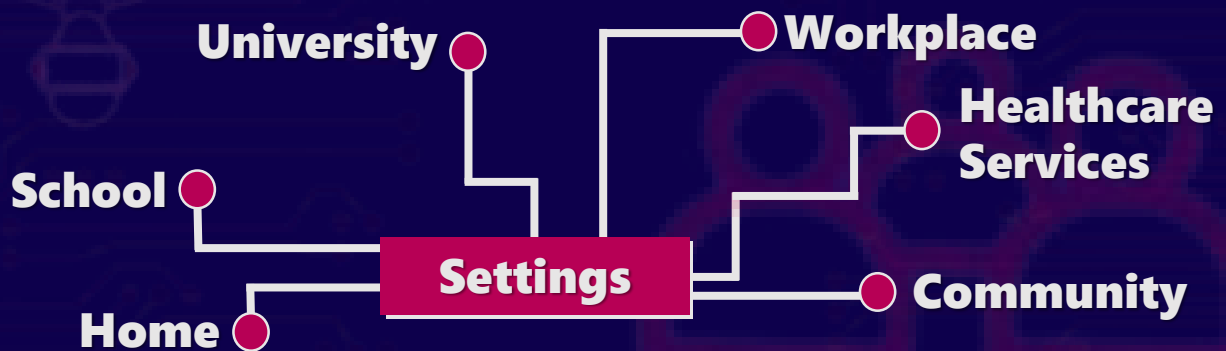
Physical Activity



Sexual Health



Nutrition



Methods

- Conversational agents
- E-mentoring
- Mobile apps
- Patient portals
- Videogames
- Wearables
- Websites



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Competences for the new era of user-driven digital rehabilitation