

INPRO Competency Framework in Rauhalhti rehabilitation unit

Minna Enqvist, team leader at Coronaria's Rauhalhti rehabilitation unit in Kuopio, has piloted the use of the INPRO Competency Framework (INPRO CF) with her interprofessional team consisting of physiotherapists, occupational therapists, nurses and social workers, and can include a speech therapist, a doctor and a psychologist, depending on the current course's needs. The team is relatively new and in need of the development of interprofessional team work. For example, the teamwork has faced challenges in defining the roles for every team member.

Multiprofessional rehabilitation services in Rauhalhti

In Rauhalhti, Coronaria offers a variety of adaptation training courses for different needs. In Rauhalhti, adaptation training courses are available for families with children with developmental language disorder, cancer, diabetes, epilepsy, developmental neurological disorders and for families with children in the autism spectrum. Depending on the client's needs, the adaptation training courses can aim to strengthen the client's life functioning skills, provide peer support and information about the diagnosis and present concrete means for everyday life. In addition to the adaptation training courses, in Rauhalhti Coronaria offers interprofessional individual rehabilitation services for children and young adults with neurological, neuropsychiatric or other developmental disorders and disabilities. The individual rehabilitation builds around the client's strengths, goals and needs, and aims to provide concrete means for everyday life, peer support, support for studies and working life and enhance the client's life management skills. Coronaria's rehabilitation services are organized by interprofessional teams consisting of health care and rehabilitation professionals.



Figure 1 Coronaria rehabilitation services

Piloting the INPRO Competency Framework in multiprofessional teamwork

The INPRO CF has been written by our INPRO partner, the higher education institution (HEI) AP University of Applied Sciences and Arts Antwerp, Belgium. It is a framework for interprofessional competences such as professionalism, practice and learning and development. More information on the INPRO CF here: [Blog 7 from TEAM Belgium – INPRO \(inproproject.eu\)](https://www.inproproject.eu/)

Minna was asked a few questions concerning her piloting work:

“Can you share how you started the pilot?”

“First, I briefly told my team members why we are doing this. The team members filled in a paper with the selected competences from the CF framework and ticked the boxes which represented their current position. The selected competences were under professionalism and practice. Later we organised a separate team-day with a workshop, where we went through the answers and the topics of the workshop. The selection of competences of the team were low and where they had the most maximum dispersion.

Two of the main topics were 1) working within the scope of interprofessional practice and competence and 2) management of professional responsibilities.”

”What has happened after the workshop?”

”The responsibilities now are more clearly allocated within the team and this has been praised by the whole team. It has clarified the job description and reduced the amount of work. We have one member of staff in charge for the current course every week and we have started with expert guards: representatives of different professional groups can present for example a method for the whole group or a research result, to open up to new ideas. This pilot has demonstrated that interprofessionalism is understood in theory, not yet in practice.”

”How are you going to carry on from here?”

”A new workshop is coming in September. The team members fill the same questionnaire again on the interprofessional competencies. We will discuss how to carry on with the development of our teamwork.”
Coronaria will continue the use of the INPRO Competency Framework and focus on further developing and strengthening teamwork and interprofessional competencies within our interprofessional team!

Stay tuned and/or register at www.inproject.eu

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