

### Finally meeting each other in Finland!

After almost one and a half year of running the INPRO project, many members of the consortium finally met each other in person. For one week, the Field Visit with a focus on international exchange of the rehabilitation centers and the Transnational Meeting took place in the wonderful town of Jyväskylä in Central Finland.

### Field visit to Coronaria

The first two days were spent on the exchange of experiences in interprofessionalism between the three participating Rehabilitation centers. Participants joined a versatile programme with e.g. discussions between managers on implementing interprofessional collaboration in the three countries, an introduction to the Finnish social and health service and insurance, and sharing experiences and wishes on client-centeredness between therapists.

### Finnish tradition: sauna and real good food

Following the Finnish tradition of 'making the biggest and best decisions in a sauna setting' we were all invited to join for a boat trip on the second biggest lake of Finland to *Savutuvan Apaja*, a sauna and restaurant located at the shore of the lake.



Figure 1: Finnish fine dining

Apaja's owners state that 'the best memories come from shared moments with the people who matter to you'. Couldn't be more true. The dinner at the restaurant, with local ingredients, was absolutely fabulous. Fresh onion bread, smoked salmon, grilled beet root salad with goat cheese, brilliant salads and much more.

## Transnational Meeting

All participants had the chance to go over all results so far, to align between work packages, to dive into the process and administration and to learn from each other. We shared our 'proud of' and 'worry' topics in an open and friendly manner. A 'proud of' statement: "Learning with, from and of each other! Really, really enjoy the co-teaching experience with expert lecturers!". And a 'worry' one: "How to get INPRO outcomes into our curricula and workplace afterwards... it is bigger than us."



Figure 2: Team INPRO during session Friday June 3rd



Figure 3: Handing over the INPRO flag to team Austria

After two days of hard work, we lowered the INPRO flag and it was handed over to Maila. In November at the second combined visit in Austria it will be hoisted again. Upcoming meetings are i.e. Jaana and Jaana en Anu joining Jos from the Hanze at the online Interprofessional Skills Day and the contribution of Ingrid and Claudia from Antwerp to a work field event in Groningen for the regional exchange between education and rehabilitation practice mid-June.

What an achievements so far. I am really proud of team INPRO!

Stay tuned and/or register at [www.inproproject.eu](http://www.inproproject.eu)

Author:

Andrea Werkman

PhD nutritionist at the Hanze UAS Nutrition and Dietetics at the School of Health Care Studies

[a.m.werkman@pl.hanze.nl](mailto:a.m.werkman@pl.hanze.nl)

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