

Central Finland

Konnevesi-Laukaa Canoe Trail

Nature is not far away, but in Central Finland! Hike and bike in our magnificent forests, experience the crystal-clear lakes, rivers and rapids, and fall in love with our five national parks!

The Konnevesi-Laukaa canoe trail follows the calm and beautiful traditional routes taken by ancient hunters and fishermen. The first section of the canoe trail, which starts at the gates of the Southern Konnevesi National Park, is also known as the Seven Rapids Route.

Come and see the Saraakallio rock paintings, which are known as the largest rock painting site in all of Fennoscandia! The oldest of these paintings were painted approximately 5,000 BCE.

Route description

The Konnevesi-Laukaa canoe trail starts in Häyrylänranta near Konnevesi village and continues through seven rapids and stretches of lake to Laukaa harbour. The difficulty of the rapids towards the beginning of the trail depends on the water level. Towards the end of the trail, you should definitely disembark at Saraakallio. Even though there is no designated place to disembark or pier, you can utilise your freedom to roam and take a closer look at the rock paintings that date back thousands of years.





Canoe Trail 60 km



Difficulty Intermediate

2-4 days

Suitability The trail is partly suitable for families and people with little experience in canoeing Duration





To the beginning of the route

Häyrylänranta, Satamatie 60, Konnevesi

Good to know

Experienced canoers can complete the trail in two days. If you want to enjoy the scenery along the way, you should reserve 3-4 days to complete the trail. Plastic equipment is recommended due to the rocks at the bottom of the rapids. You can also bypass the rapids by taking specific bypassing routes. The canoe trail can be divided into shorter sections by using the boat ramps on the trail. When passing through rapids where people fish, do not stop in the rapids to avoid disturbing the fishers. Touching the rock paintings is strictly forbidden on the basis of the Antiquities Act. Laukaa offers a wide range of services for those who complete the trail.









Euroopan maaseudun kehittämisen maatalousrahasto: Eurooppa investoi maaseutualueisiin











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