BOOGIE BOOTS PLAY GUIDE

Sand Box Blues –song / Everyday Blues

JUMPING AND BALANCE PLAY

Type: **outdoor play**
Age: **3 to 7 years**
Players: **as desired**
Duration: **5–10 minutes**



Online support materials

Audio recording / Sand Box Blues (SoundCloud)

Instrumental audio recording / Everyday Blues (SoundCloud)

(in Finnish) Music class video / Sand Box Blues (YouTube)

(in Finnish) Video tutorial / Strawberry, Blueberry and Cloudberry Chords on a kantele (YouTube)

(in Finnish) Video tutorial / Improvisation on a D-blues scale (YouTube)

Picture cards / Activity and Equipment Cards (pdf, oomc.fi)

Skills exercises

- Standing on one leg
- Standing long jump

Equipment

- Sand Box Blues audio recording, Everyday Blues instrumental audio recording, or an accompanying instrument.
- Each player is given a shovel.
- Each player is given a pail.
- Each player is given a toy car.
- Boogie Boots Activity and Equipment Cards can be used to support play: standing on one leg and standing long jump.

How to play

Play along with the song in a sandbox, following the lyrics. As an accompaniment to the song, you can use a ready-made Sand Box Blues audio recording, an instrumental recording (Everyday Blues) or an accompanying instrument of your choice.

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LYRICS	HOW TO PLAY
1."Flying"	Balance on one or two legs on the edge of the sandbox with hands on your side like wings.
2.“Jumping”	Stand on the edge of the sand box, and using both your feet, leap far into the sand box.
3.“Roaming”	Walk on the edge of the sand box while keeping your balance.
4.“**Driving**”	Push the car along the routes in the sandbox.
GUITAR SOLO WITH AN AUDIO RECORDING	Keep cruising with the cars.
5.“**Digging**”	Using your hands or a sand shovel, dig a deep pit into the sand.
6.“**Drumming**”	Drum the bucket with wooden sticks or sand shovels.

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Accompanying and playing a song together

The song can be accompanied with an instrument of your choice or a ready-made instrumental audio recording.

The song can be accompanied by a five-string kantele. Three different chords are played on the kantele:

- Strawberry chord: Dampen strings 2 and 4. Use your right hand to strum the other chords.
- Blueberry chord: Dampen strings 1 and 3. Use your right hand to strum the other chords.
- Cloudberry chord: Dampen strings 3 and 5. Use your right hand to strum the other chords.

The song is played in D-major (start from the longest string to the shortest D-E-F#-G-A).

Drum a sand box solos with a bucket by using shovel/sticks or by scraping the sieve with a stick/stone. Improvise solos also by using a Blues scale or some of its notes: D F G Ab A C D. Blues solos can be played, for example, with a xylophone or a glockenspiel.

Adapting a task

Make the task easier

- In the first verse, balance with both feet on the ground. An adult can help by holding the players' hands.
- In the third verse, the players do not need to balance on the high edge of a sandbox - they can also walk inside or out of the sandbox. An adult can help by holding the players' hands.

Tips

You and the players can also come up with your own words for singing (Everyday Blues) and apply them to different everyday places (e.g. toilet, kitchen, different feelings). A ready-made instrumental audio recording can be used as an accompaniment.

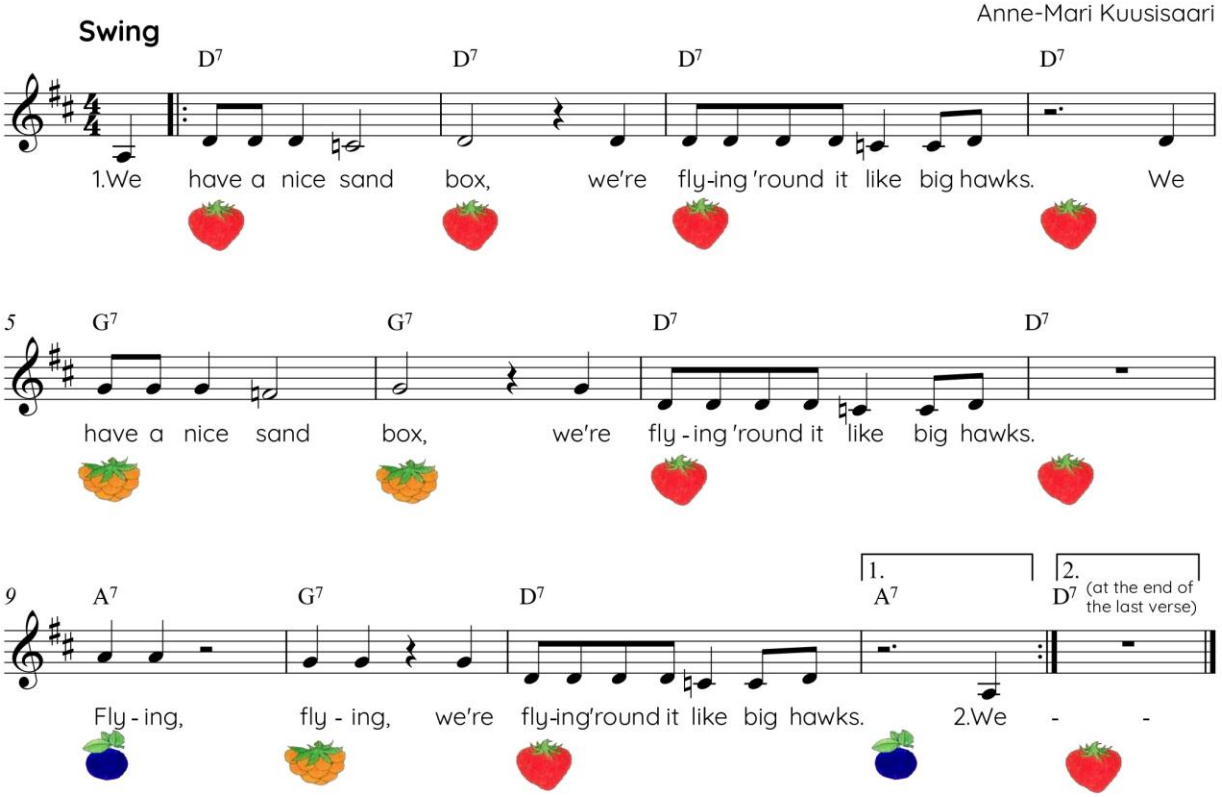
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Sand Box Blues

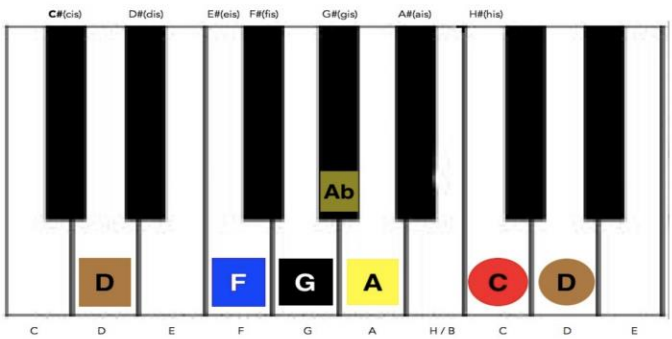
(Hiekkalaatikkoblues)

Comp.
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2. ||: We have a nice sand box, we're jumping in it like green frogs :|| Jumping...
3. ||: We have a nice sand box, we're roaming there like a fox :|| Roaming...
4. ||: We have a nice sand box, we're driving there with cool hot rods :|| Driving...
5. ||: We have a nice sand box, we're digging in it like small dogs :|| Digging...
6. ||: We have a nice sand box, we're drumming there with shovels and rods :|| Drumming..

Improvise solos using a blues scale or some of its notes: D F G Ab A C D



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