

Sea Fish -song

(Merikalat-laulu)

PLAY PARACHUTE GAME

Type: indoor or outdoor play

Age: 3 to 7 years

Players: 5–12 children

Duration: 5–7 minutes

Online support materials

(in Finnish) Audio recording / Sea Fish (Merikalat) (soundcloud.com)

(in Finnish) Video tutorial / Tuning a kantele from D-minor to D-major (YouTube)

Video tutorial / Strawberry and boogie chords on kantele and piano (YouTube)

Picture cards / Activity and Equipment Cards (pdf, oomc.fi)

Skills exercises

- Emotion skill: fear
- Listening to musical pitches and connecting them to movements



Equipment

- Audio recording or accompanying instrument, such as a five-string kantele in D-minor.
- Play parachute or some other kind of large, lightweight fabric.
- The picture cards can be used to support play: play parachute and afraid.

Preparation

Start by talking about fish:

- Why are fish afraid of storms?
- What else are fish afraid of?
- Are the players themselves afraid of storms?

All the players grab the edge of the parachute.

Practice without music:

- lift the parachute up high
- drop the parachute down low
- shake the parachute rapidly (storm)
- go under the parachute to maintain control of it.



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How to play

LYRICS	MOVEMENT / PLAY
<i> : Darting in the surface like very small fish, and</i> <i>lurking in the deep like great big fish : </i>	Raise the parachute up high (little fish). Drop the parachute down low (big fish).
<i>On rumbling thunder they panic and scream,</i> <i>and to hide in the reeds they swim.</i>	Shake the parachute vigorously like a storm. When you hear the word <i>scream</i>, lift the parachute all the way up. Then, go under the parachute to take shelter while holding on to its edge.
INTERLUDE	Listen to music: •When you hear a high note, lift the parachute up high (small fish). •When you hear a low note, drop the parachute down low (big fish). At the same time, the players can move around in a circle while holding the parachute.



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Accompanying and playing a song together

The song can be accompanied by a five-string kantele. Two different chords are played on the kantele:

- Boogie chord: Dampen the middle string with your left hand. Use your right hand to strum the other chords.
- Strawberry chord: Dampen strings 2 and 4. Use your right hand to strum the other chords.

The song is played in D-minor (start from the longest string to the shortest D-E-F-G-A).

During the interlude, play:

- high little fishsounds (shortest string)
- low big fish sounds (longest string).

Adapting a task

Make the task easier

- Instead of a play parachute, the players themselves can dance as the sea fish or they can use chiffon scarves or cardboard fishes. The fish can float up high, down low and take shelter.



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Sea Fish

(Merikalat)

Comp.
Anne-Mari Kuusisaari

1 Dm Dm

Dart - ing in the sur - face like ve - ry small fish, and

3 Dm C Dm

lurk - ing in the deep like great big fish. On

5 Gm A

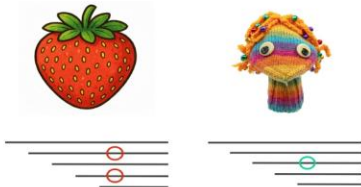
rum - bling thun - der they pa - nic and scream, and to

7 A Dm

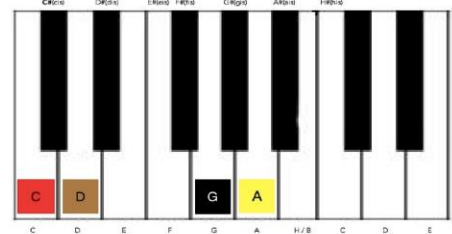
hide in the reeds they swim.

Note: tune the kantele to D minor (d e f g a).

Accompaniment with kantele



Accompaniment with piano



Lyrics: Anne-Mari Kuusisaari
Translation: Emmi Wilkinson

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Developed as a part of the Boogie Boots project.